



Leave a Legacy

More and more Canadians are discovering estate planning is an excellent way to leave your mark on the organizations that mean the most to you.

Have you ever thought what type of legacy you want to leave at Chrysalis? To talk more about this please email KrishnaT@chrysalis.ca



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7th Annual Spirit of Chrysalis Gala

Chrysalis Edmonton's Annual Gala was a tremendous success!

On Tuesday, May 26 nearly 300 people woke up a tad earlier to start their day at the 7th Annual Spirit of Chrysalis Gala Breakfast held at the DoubleTree by Hilton West Edmonton. Guests started to filter into the ballroom shortly after 7:00 am and we made sure there was plenty of coffee ready to welcome them!

Chrysalis Charitable Foundation board member and our program emcee, Kim Dingler, started the proceedings by introducing the Chrysalis Charitable Foundation board chair, Mary Pat Barry to address the crowd. Mary Pat touched on the renewed sense of excitement and optimism within the City of Edmonton and the Province of Alberta with some of the recent events that have taken place and painted a picture of how this optimism and excitement was very much alive at Chrysalis. Her words set a strong tone for the morning program.

After a short break for breakfast and conversation, guests then welcomed Chrysalis President and CEO, Lynn Groves Hautmann. Lynn delivered a stirring speech about the current state of the organization highlighted by many new and innovative directions Chrysalis has undertaken recently. She illustrated the strong ties we have to community and made sure to drive home the point that life is not just about living, but living with purpose and meaning which is what we strive to achieve for all of the individuals accessing Chrysalis supports. Lynn then introduced our newest corporate video which showcased many amazing stories including some of the really strong volunteer and employment partners we have created with local businesses in and around Edmonton.

Once the lights returned, PJ Johnston took her position at the lectern. PJ has been long familiar with Chrysalis but had no idea the impact the organization would have on her life. The once manager of Human Resources at Allwest Commercial Furnishings, a business that hired Chrysalis service individual,

Charlie Weinzierl about six years ago, addressed the crowd about the organizations' ability to change lives. In this case she was talking about her own. PJ was quick to befriend Charlie once he was hired and a deep rooted relationship formed almost immediately. So much so that upon the unfortunate passing of Charlie's foster mother, PJ stepped up to become Charlie's legal guardian. Without the connection with Chrysalis, this amazing relationship would never have formed. Both Charlie and PJ were quick to attest that they were more than thankful that their paths crossed at Allwest.

PJ then gave way to another parent who nearly had the room in tears. Sandy Enns, mother of Chrysalis individual Meranda Parravano, shared a very emotional story about the excitement that she and her husband were feeling when their first child, Meranda, was born only to quickly learn that Meranda was born with Down syndrome. After strongly denying the suggestion of giving Meranda up, Sandy spoke about how she became a strong advocate for people with disabilities and a key figure in the development of the Edmonton Down Syndrome Society. She then expressed her gratitude for the role Chrysalis has played in not only supporting Meranda to meet the goals she has set for herself, but acting like extended family for many years.



A heartfelt morning to kick off the day.

As the program drew to a close, Chrysalis Charitable Foundation board member, Allison Dennis, wrapped up the program by asking everyone in the room to consider lending their support to the work about which they had just been informed. By the end of the hour, over \$100,000 was raised to support the continued enhancement of the programs and services offered at Chrysalis.

Based on numerous conversations with attendees money is not the only thing this event is likely to garner. New volunteers, board members and opportunities for our individuals to find new community supports are all being discussed now that the Gala has ended. We cannot thank our donors, sponsors, star donors, staff and volunteers enough for the support they have pledged to our organization!

Partnership Profile

Mammoet Canada Western Ltd.

On May 20th 2015 at the Mayor's awards presented by The City of Edmonton's Accessibility Advisory Committee, Chrysalis business partner, Mammoet, was chosen as the winner of best employer (paid and volunteer) category.

Coincidentally Chrysalis and Mammoet began the partnership exactly one year ago to the day of the awards where two individuals along with a support staff began their duties in the recycling collection program around the Mammoet shop.

Mammoet, which is a privately held Dutch company specializing in the hoisting and transporting of heavy objects, views inclusive hiring as an integral part of their company philosophy and felt it necessary to provide employment opportunities to people with disabilities. They decided to contact Chrysalis and the rest as they say is history.

At present, Mammoet employs one full-time individual and two part-time individuals along with a support staff who continue to perform recycling collection and other duties as required.

Congratulations to Mammoet for becoming an important part of a world that sees those with disabilities as valuable contributors to the workplace. Special thanks go out to all those who strived to make this very deserving award a reality.



Both Art Shows Were a Huge Hit!

The 7th Annual Art Show and Sale presented by Scotiabank was a record setting event for the artists participating in the Chrysalis Art Program in Edmonton as was the 5th Annual Art Show in Calgary.

Between the two shows almost 425 pieces were on display and for sale, which included a selection of beautifully appointed canvas paintings, dazzling framed photography and our latest creation, hand sculpted clay pieces.

In order to appreciate the donors and special guests for ongoing support of Chrysalis, this year, the VIP guests were invited to a very special Sneak A Peek at 5pm to be the first to browse the artwork, meet our artists and enjoy a selection of beverages and appetizers before we open the door to the public at 6pm. During the art show, our artists proudly showcased their paintings to the visitors, chatted with them about their arts and socialized with friends and families. The food was fantastic and everyone had a great time.

The framed photography was the big hit of the Edmonton show this year and it was easy to see why. People had to move quickly to purchase their favourite shot but even when a picture was spoken for, that didn't stop our guests from ordering re-



prints to ensure they could get the image they wanted.

Our silent auction, something that was introduced last year, was also a popular feature for our patrons. Four signature pieces were on display and up for bids all evening. Bidding wars quickly began on two paintings just after the public arrived. By the end of the night the four auction pieces had raised nearly \$3,000! The highest earner was "The Lady on the Boat" by Jennica Ferdynus which brought in a bid of \$1,500!

Not only did we likely welcome the largest crowd we've witnessed at an Art Show and Sale but we also raised \$15,000 in Edmonton and \$6,035 in Calgary! 70% of the proceeds will give back to the artists and 30% of the proceeds will go towards the Art Studio for purchasing art suppliers. We congratulate all the artists for their achievement in the arts during the past year and we thank all volunteers for their hard work and support to ensure the art show went smoothly and successfully!

Thank you to everyone who helped make this event a major success, especially those who played a part in making this show come to life beforehand or during.

See you all in the next year's art show!



Just a few examples of the amazing artwork during the shows

Individuals Find Themselves Through Dance

From May 5th to June 2, 2015 a group of individuals and staff attended Momo Mixed Dance Ability Group Tuesday afternoons. What a great experience it was for all involved!

At the beginning of each session the class will have introductions called the "Name Game". All the participants and staff; will sit in a circle, each will sign the first letter of their name, say their name, how they are feeling, and finish with a body movement. Each person in the group will imitate the movement, and recite each name.

On the first day when Tamara introduced herself, she did a great job communicating with the group that she would be using her wheelchair. She was very confident while speaking. Yvonne, the instructor, asked Tamara if she could show her and the group some of the ways that they could dance together with Tamara in her wheelchair. Yvonne demonstrated many movements which included; holding Tamara by the hands facing her, moving her chair to the music using hips or elbows to turn her chair, and hands together facing her. Yvonne was great to emphasize to the group never to just take Tamara's chair from behind, and just move her. Tamara appeared very confident, and comfortable with participating, and has done a great job.

During one exercise Paul narrated the story "The Three Billy Goats Gruff" and the class of approximate 20 dancers each played various roles such as the bridge, the billy goat and the trolls. After the reading and performance by the group, everyone clapped for Paul and the wonderful job he did reading!

It was a wonderful experience for all and the staff noticed how much everyone appeared to come out of their shells and comfort zones.

Creativity Awakens

Meet David, one of our newer budding artists! David is showing off his volcano picture he recently completed. Like his picture, David's

creativity has exploded in the art room with the guidance of the art committee. David began with just sketching in the art room and has worked his way up to creating some exploding masterpieces!

When not in the art room David is an old soul at heart. He loves music from the 50's and 60's. In his free time David will listen to music and watch TV and hanging out with his roommates.

David recently participated in a 10 week Yoga class which he said he enjoyed. David also enjoys his volunteer position at the YMCA.



CEO's Address

This has been another busy Summer, so much so that we omitted to send out our usual Summer edition in June and since it is now September and Fall is most definitely in the air we have combined both the Summer and Fall editions. Summer 2015 began with an earlier than usual Gala Breakfast on May 26th at the Double Tree Hilton. As usual, there was no shortage of excellent testimonials about the work of Chrysalis and the excellent contributions made to the Edmonton community by the individuals whom we serve. These contributions are felt on a daily basis through their employment, volunteer and entrepreneurial activities and are appreciated greatly by those who benefit from their involvement.

The Art shows held in Edmonton and Calgary were both a huge success and the calibre of work displayed at both shows improves every year as the artists grow and develop through new experiences in technique and different medium. The artists are proud of their work and extremely happy to receive their cheques and to have their work admired. They are also especially pleased and proud when they receive special commissions from many who attended the Art Shows.

This edition also features another Partnership Profile on Mammoet Canada Western with whom Chrysalis has been working now for over a year. Mammoet and one of the individuals working there are also featured in the 2-part CBC documentary "Employment Matters" which focuses on the mutual benefits of hiring individuals with disabilities. The documentation can be viewed on line at CBC - www.cbc.ca/player/Shows/ID/2673422140/ (Part I); www.cbc.ca/player/Shows/ID/2674512411/ (Part II) - and is very informative about the wide variety and types of employment in which individuals are involved and contributing on every level.

Our work here at Chrysalis continues with increasing focus on connecting individuals with their community on as many different levels as possible providing a wide range of experiences from which they can select some key primary interests. We are looking forward to the coming Fall season and developing many more new community partnerships.

Happy Fall and Happy Thanksgiving.

Lynn Groves Hautmann
President and CEO

Fostering Innovation: Steven's Success Story

When we set out on this Fostering Innovation Journey 7 months ago, we set our goal on answering the question – “How might we increase social connections for individuals we serve?” Steven was one of the 6 individuals selected to be a part of this pilot project.

Prior to Fostering Innovation, Steven was spending five days a week in the Community Endeavors program, mostly sitting by himself or listening to music. He occasionally attended group programs such as drumming and music therapy and seemed to enjoy those, but was very resistant to engage in other activities.

Using the Human Centered-Design process we discovered that away from Chrysalis, Steven is very social and has a large network. He enjoys camping and sporting events and the occasional beer – mostly he just likes holding it to be part of the group. He loves being in the kitchen and is adept at assisting with most tasks. By observing Steven in settings outside from Chrysalis, we found out that Steven plays the drums (and he's actually pretty good!). Steven also has a love for dogs. This information informed us about the opportunities we continue to seek out.

During the month of June, Steven spent over 50% of his time out in the community. He volunteers at the Humane Society, Reuse Centre and at CAAWLS-Chimo Animal Assisted Wellness and Learning Society. Steven is also spending more time in his community, such as attending summer festivals and cultural events. Steven also participated in a work experience at the Bissell Centre. The Fostering team recently made contact with musicians who have invited Steven to come jam with them.

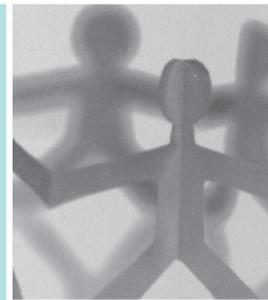
Steven still has the opportunity to listen to music and do paper shredding at the program because



these are things that he has come to enjoy, but his choices and activities are much broader than they were even a few months ago and those activities continue to generate social connections in the communities, some of which we hope will blossom into genuine friendships.

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From the Wings

This publication is distributed to friends and stakeholders of Chrysalis. It is an opportunity to share success stories and organizational change that has occurred over the past months. For more information or if you would like to contribute to an upcoming issue, please contact Chrysalis:

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Canadian Publication
Agreement #40013250